

Example Weekly Schedule for Chatham and Excelsa

Direct Service	Chatham: Hours per week	Excelsa: Hours per week
Concise Appointments	2	2
Individual Counseling	10 - 11	8, including 1 – 5 long term clients
Medical Resident Support Group Co-facilitation	.25 (1 group 1 hour per month)	2 hours per month – 2 groups (30 minutes per week)
Assessment	1 hour (average per week)	1 hour (average per week)
Outreach	.5 (6 per semester)	N/A
Consultation	1	1.5
Patent – Physician Consultation	N/A	1
<i>Falk: Clinical team co-supervision</i>	1.5	N/A
<ul style="list-style-type: none"> <i>• Spring: Supervision of Prac Student (if available)</i> 	1	1
<i>TOTAL</i>	<i>About 17 hours per week</i>	<i>17 hours per week</i>
Supervision	Hours per week	
Individual Supervision	2	2
Assessment/Diversity Supervision (rotates weekly)	1	1
Group Supervision of Individual Therapy	1	1
Medical Resident Support Group Supervision	.5 hour per month	.5 per month
<i>Falk: Supervision of Clinical Team</i>	.5	N/A
<ul style="list-style-type: none"> <i>• Spring: Supervision of Supervision</i> 	1	1
<i>TOTAL</i>	<i>5 - 5.5 hours per week</i>	<i>4.5 – 5.5 per week</i>
Training Seminars	Hours per week	
Intern Didactic Seminars	2	2
Professional Development/Issues Seminar	1	1
Research Seminar	.25 (once a month for 1 hour)	. 25 (once a month for 1 hour)
Integrated Care Seminar	.25 (once a month for 1 hour)	. 25 (once a month for 1 hour)
Interdisciplinary Case Conference	.5 (once a month for 2 hours)	.5 (once a month for 2 hours)
Psychiatric Consultation Observation	.5 (once a month for 2 hours)	.5 (once a month for 2 hours)
Peer Support/Training Director Check In	1	1

Excela Grand Rounds/Didactics	.5 (twice a month for 1 hour each)	1
<i>TOTAL</i>	<i>6.5 hours per week</i>	<i>7 hours per week</i>
Administrative Activities	Hours per week	
Paperwork/supervision prep	4-5	5
Research (dissertation or project)	2	2
Staff meeting/faculty/office meetings/faculty development	1.5	1
Student Affairs Staff meeting	1	N/A
	7.5-8.5	8
<i>Total</i>		
GRAND TOTAL	About 40	About 40

Most weeks are 40 hours per week. There may be an occasional week that requires an evening outreach program that creates a week of 41 – 42 hours.

Chatham interns will have the option, in the spring semester, to engage in either more assessment or additional supervision of a practicum student if either is a strong interest of theirs. These opportunities depend on availability of practicum students and demand for assessment. Direct service hours will be balanced out with the individual client case load.