

# ABOUT EXCELA HEALTH



## WHO WE ARE:

Excelsa Health has been recognized for quality, safety and overall excellence. Such accolades come from **CareChex®** and **U.S. News & World Report**; other honors include the **Highmark Blue Cross Blue Shield Blue Distinction Center Plus<sup>SM</sup>** designation in cardiac care, maternity care, bariatric surgery and knee and hip replacement programs; **Healthiest 100 Workplace in America** recognition as one of the **"Healthiest Employers of Western Pennsylvania"**; and named among the nation's **Best and Brightest in Wellness®** by the National Association for Business Resources, singled out as Best of the Best for Employer Wellness, and winner of the national **Theodore Roosevelt Workers' Compensation and Disability Management (Teddy) Award**. Our residency program received the **ACGME and Arnold P. Gold Foundation DeWitt C. Baldwin, Jr. Award**. Most recently Excelsa Health was named among the **Best Maternity Hospitals** in the 2020 and 2021 editions of Newsweek in partnership with Leapfrog.

Excelsa has achieved **Magnet Recognition®** as a reflection of its nursing professionalism, strong collaboration and teamwork, and superiority in patient care. The honor was bestowed by the American Nurses Credentialing Center (ANCC) Magnet Recognition Program® and distinguishes organizations that meet rigorous standards for nursing excellence.



## CEO: John Sphon



With more than 35 years of healthcare experience to his credit, John M. Sphon is considered a Pacesetter in the Pittsburgh region for his approach to business growth and customer service. Earning this distinction in 2010 from the Pittsburgh Business Times, Sphon leads by example, while empowering his associates to find creative solutions to business problems.

From the mid-1980s through 2019, Sphon led MedCare Equipment Co., LLC, which has grown into a partnership among eight area health systems serving Pennsylvania as well as portions of eastern Ohio, southern New York and northern West Virginia. He is a graduate of Indiana University of Pennsylvania with degrees in journalism and sports science.

## OUR FACILITIES:

- Excelsa Square at Norwin
- Excelsa Square at Latrobe
- Laurel Surgical Center
- Excelsa Square at Ligonier
- Latrobe Hospital
- Excelsa Square at Frick including Frick Hospital
- Westmoreland Hospital

## OUR SPECIALTIES:

- Heart, Lung & Vascular Institute
- Orthopedics and Sports Medicine
- Minimally Invasive and Robot-Assisted Surgery
- Advanced Lung Center
- Advanced Pain Center
- Advanced Sleep Center
- Advanced Wound Center
- Weight Management Center including Bariatric Surgery
- Family Additions Maternity Center and Women's Services
- EPIC Rehab
- Excelsa Health WORKS Occupational Medicine
- The Well-Being Center

## OUR PARTNERSHIPS

- Arnold Palmer Pavilion, a joint venture with UPMC Hillman Cancer Center
- Bridges Health Partners
- ClinicalConnect, a regional health information exchange
- Family Medicine Residency Program, in collaboration with Thomas Jefferson University and Philadelphia College of Osteopathic Medicine
- MedCare Equipment Company, a home medical equipment business
- School of Anesthesia, in collaboration with Saint Vincent College

## EXCELA HEALTH BY THE NUMBERS FOR FY 2020

4,339	employees (Westmoreland County's largest employer as well as region's third largest health system)
779	physicians and allied health professionals
54	specialties and sub-specialties
1,058	Excelsa Health Medical Group (EHMG) employees including 209 physicians
578	licensed beds at 3 acute care hospitals
771	volunteers and auxiliary members (2019)
78	EHMG office locations
16	QuikDraw/QuikDrawPLUS locations
9	outpatient rehabilitation locations
618,791	outpatient visits
637,835	EHMG patient visits
155,229	Home Care/Hospice visits
87,448	emergency department visits
22,310	inpatient admissions
1,181	births

**Our reach of care covers Westmoreland County and parts of Allegheny, Fayette and Indiana Counties.**



## HOW WE ARE GOVERNED:

Excelsa Health has been gifted with a diverse and respected group of community leaders who serve voluntarily on our Board of Trustees. These 13 individuals give of their time and talents to govern this important community asset and are committed to our mission of improving the health and well-being of every life we touch.

## EXCELA HEALTH BOARD OF TRUSTEES OFFICERS

**Teresa Petrick**, Chair  
**Edward DePasquale**, Vice Chair  
**Heather Walker**, MD, Secretary  
**Alfred Reitano**, Treasurer

### Our Mission

*To improve the health and well-being of every life we touch.*

### Our Vision

We will be a high-quality, value driven community health and wellness system. We will proactively manage the health of the population we serve. Our caregivers and our community will work together to prevent disease or manage it with early intervention. We will continuously improve through education, communication and effective management. We will measure our progress by our communities' willingness to recommend us and by preference in national quality standards.

### Our Values

- We will put patients first.
- We have a passion for quality.
- We care about people.
- We work as a team.
- We act with the highest levels of integrity and honesty.
- We are good stewards of our finances and community resources.

## THE EXCELA WAY



**We believe our success is rooted in safe and efficient patient-centered care that's driven by value based behaviors of all staff and physicians. Our credo affirms employees' personal dedication to these behaviors.**

## OUR FINANCES:

- \$586 million operating revenue (FY 2019)
- Net Community Benefit (FY 2019) \$30 million
- Cost saving measures and revenue/growth initiatives are all under way.

## ExcelsaHealth.org

### FIND A PHYSICIAN



**My Excelsa Doc**  
Family Medicine

Request an Appointment

★★★★★ 5 out of 5  
125 Patient Satisfaction Ratings | 13 comments  
[Learn about our survey](#)

### Now you can:

- Search for a physician by specialty or location.
- Schedule an appointment.
- Check star ratings.
- Review Philosophy of Care statements.

## HOW WE CONNECT WITH YOU:

In addition to the internal network intranet and the public website, connect with Excelsa Health via:

