

TO MEDIA:

CONTACT:

Tom Chakurda
Chief Marketing and Communications Officer
Excela Health
tchakurda@excelahealth.org
412-508-6816 CELL

Robin Jennings
Marketing and Communications
Excela Health
rjennings@excelahealth.org
724-516-4483 CELL

FOR IMMEDIATE RELEASE

**EXCELA HEALTH OFFERING OPPORTUNITIES TO PROCESS
GENDER IDENTITY CONCERNS IN NEW THERAPY GROUPS**

GREENSBURG, PA, March 27, 2023 ... Excela Health Outpatient Behavioral Health at Latrobe Hospital will provide opportunities for individuals to discuss matters related to LGBTQIA+ and associated mental health topics during a series of group sessions beginning 3 p.m., Friday, April 14, and continuing Fridays through May 26. The one-hour meetings will be facilitated by Excela outpatient behavioral health therapist Michael Poskus and cover a variety of concerns based on the requests of participants. The group is intended for those ages 13 to 17 who identify as LGBTQIA+ or their allies. Individuals may participate in one or more of the sessions as they wish.

Participants must register for the program. Insurance will be billed and co-pays may apply. To learn more, call 724-537-1346 or email mposkus@excelahealth.org.