

# Excelsa Health OB/GYN Online Educational Class Opportunity: Breastfeeding Success

- Thinking about breastfeeding your new baby?
- Concerned you may not be producing any breast milk?
- Not sure if you can breastfeed your baby due to time, work-related or medical conditions or prescribed medications you are taking?
- Worried your baby is not getting enough breast milk?

Excelsa Health wants you to be prepared and have peace of mind about breastfeeding your baby whether you are a brand new mom or seasoned parent.

Our **online** Breastfeeding Success class will help you learn about the importance of breastfeeding your baby, baby feeding cues, proper breastfeeding techniques and positioning, common questions and concerns and more.

This class is offered as an on-demand video you can view at your convenience. Our nurses and lactation consultants are available via telephone to answer any questions you may have after watching the presentation.

To register for the **online** class, please call the Excelsa Health Call Center at 1-877-771-1234.

A confirmation email will be sent to you with the video link.

